



The Ledger

News from Afro-American Club of Citrus County

Quarterly Newsletter—January—March 2009

Today, cherish God's message of hope!



Francis Barnes
Reyna Bell
Archie Dabney
Clifford Darrien
Barbara Holland
Sylvia Lewis
James Moore
James Tuell
Tom Cave
Urban Marks
Arnold Pride

Every burden borne today, and every present sorrow, are but God's happy harbinger of joyous bright tomorrows!

Know that wisdom is thus for your soul; if you find it then there will be a future and your hope will never be cut off.

—Proverbs 24:14—

Time for Reflection:

A day without learning is like a day without living...

Happiness is only found in bringing it to others, and thinking of all the folks we meet, not as strangers, but as brothers.

Today, increase your generosity and eliminate selfishness

(Submitted by Carol Thomas)

"MARCH" into Spring:

How much do you know about the month of March? There are no national holidays in March and typically not much happens. Well, here is some information about the month of March. March is the third month of the year according to the Gregorian calendar, which is used in almost all the world today. It was the first month on the early Roman calendar and was called Martius. Later, the ancient Romans made January 1 the beginning of the year, and March became the third month. March has no national holidays, but there are several important state and religious holidays. For example, Florida became the 27th state on March 3, 1845. The Irish celebrate March 17 as the feast day of St. Patrick. The Jewish festival of Purim usually occurs in March.

There are many superstitions about March. We often hear that "March comes in like a lion and goes out like a lamb." This means that the first day of March is often stormy, and the last day is mild and warm. Another saying is, "April borrowed from March three days, and they were ill." This refers to the first three days of April, which are generally rough and blustery like March. A third saying calls the first three days of March "blind days" because they are "unlucky." If rain falls on these days, farmers supposedly will have poor harvests.

(Information on this page have been excerpted from the following: Annie's Home page, Compton's Interactive Encyclopedia & World Book Encyclopedia and From Encarta Online.)

A little Black History:

Alice Childress, Playwright, Actress, and Novelist, was born Oct. 12, 1920 in Charleston S.C. Born to an impoverished family with little schooling. She spent her early years in Charleston, before being taken to live in Harlem, N.Y. by her grandmother, Eliza Campbell, the daughter of a slave, who encouraged her to write. She attended Grade School, but did not finish High School. She began acting and directing in the American Negro Theater in Harlem in 1941. Then in 1949 she wrote her first play called "Florence" which involved a conversation between a white woman and a black woman. The black woman's daughter was attempting to become an actress in New York.

Childress wrote many plays, namely a Langston Hughes novel she turned into a play titled "Just a little Simple" then in 1952 there was "Gold Through the Trees" and she became the first black woman to produce a play on stage in America. Then came "Trouble in Mind" in 1955 at the Greenwich Mews Theater, in New York City. This play won an Obie Award in 1956.

In July 1967 she married Nathan Woodard, a musician who had composed music for theatrical pieces. She began writing fiction and children's books, "A Hero Aint Nothing but a Sandwich" which was published in 1973. In 1981 Childress wrote another children's novel, called "Rainbow Jordan". In 1987 she switched back to playwriting, "Moms" that was presented at the New York's Hudson Guild a tribute to (Moms) Mabley.

Alice Childress, died of cancer August 14, 1984, in Queens, N.Y. she had one child, a daughter from Nathan Woodard.

Source: Biography Resource Center

Submitted by Judi Redd

Excerpted from: "Like one of the Family"

From the President's Desk:

We began the year on a very positive note celebrating the 20th anniversary of the club. This was a very successful, well attended, elaborately planned and executed gala celebration. We celebrated and honored those who had the vision to start the organization and lead us to our present place in the Citrus County community. We took time to reflect on what we have accomplished to date, and to envision what we see as our challenges for the future. We further stop to salute the organizations former leaders and the impact they have had on our present vision.

We presently are continuing to follow-up on that vision, we have to be a leading resource in the community in helping to address educational and other related needs of the students and families in this community. We understand the present conditions of the country compound our efforts greatly by increasing those who will be seeking our help. We also understand the difficulties to obtain the financial resources we need is exacerbated due to present national financial conditions.

We are trying with the constant work of our Planning/Ways and Means committee to address the area of funds. They will do this in a very aggressive, well planned and hopefully successful way over the next three years.

None of this can be possible without the help of the entire membership and others. Knowing this I hope we all pull together to meet our continuing goal of changing the lives of others.

Respectfully,

Ernie Thomas, President



FUNDRAISER: A video presentation depicting the growth of club was made and is available for the purchase price of \$10. Proceeds go towards scholarships. Call now to obtain your copy.
(352) 270-3866

Getting to know you:

Name: Pauline Bowe; Husband Milton
Family: 2 daughters, 1 son, 2 grand children
and SABA our beloved pet!

Celebrating our 50th wedding anniversary this year!

Relocated from Uniondale, Long Island, New York
People would be surprised that I like to sing

To unwind: I pray.

Favorite Vacation

Destination: Puerto Rico

Favorite Movie: Same Time Next Year

Favorite Meal: Italian (Pasta)

Hobbies: Reading, gardening, crossword puzzles, watching old movies

Best book I ever read: The Bible

People describe me as: Caring and quiet

My role model: Mom Walker, my mother

Favorite expression: “Enjoy, this is not a dress rehearsal”



I like our club because the people are caring and helpful to each other and the community in general.

BLACK INVENTORS: THE REAL McCOY! Elijah McCoy (1843—1929) Invented an oil-dripping cup for trains. Other inventors tried to copy his oil-dripping cup, but was unsuccessful, so customers started asking for “the real McCoy”. That’s where the expression comes from.

Commit an outrageous Act of Kindness—(It’s good for your health)

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| Gift of Affection | Be generous with hugs, kisses and pats on the back. |
| Gift of Service | Donate to a cause in honor of someone special. |
| Gift of Laughter | Share funny stories with friends and family. |
| Gift of Appreciation | Write a letter to an old friend and share a fond memory |
| Gift of a compliment | “You look great today” or “Thanks for your help”. |
| Gift of Solitude | Spend time in silence, and allow others to do so also. |
| Gift of Listening | No interrupting, no daydreaming, just listening and acknowledging that you hear what is being said. |

**KINDNESS IS GOOD FOR
THE HEART. TRY IT!**

January

Bernadette Brooks
 Winston Clinton
 Roscoe Holly
 Gerri Watkins-Galloway
 Jesse Coleman
 Joy Talbot
 Sydney Bruce
 Milton Bowe

February

Laura Clinton
 Viola Van Puten
 Lillian Smith
 Robert Statum
 Elaine Carlos
 Frank Talbot
 Arlene Richardson
 Kitty Barnes
 Linda Campbell
 Crystal Wilson

March

Lois Statum
 Archie Dabney
 Gil Martinez
 Bernadette Hunt
 Bailey Wise
 Earl Carlos
 Lorraine Pride
 Dana Froe



JOIN US AT THE 5TH ANNUAL “OLDIES BUT GOODIES” DANCE

When: Friday, April 24th 7—11 pm

Where: Beverly Hills Community Center
 77 Civic Circle, Beverly Hills, Fl 34465

D.J. Garfield \$15.00 BYOBB



New Members

Sharon Watson, Attorney, Inverness



Our fun-loving group has several openings and can use new ideas and expertise, so don't hesitate to join one of the committees. Our on-going projects this year consist of, but not limited to:

Collecting pennies for education; Food collection for the needy; helping “build” with Habitat for Humanity, Mentoring with CAFCC; and raising funds for scholarship awards.

Skin Care

Skin is skin, no matter the gender. Investing a little time and effort to care for your skin pays off. You'll find that you can have soft and smooth skin that radiates good health. All you have to do is establish you own beauty routine and devote a small amount of time to it daily. Consistency is the key to achieving great results.

A good skin care regime starts with using a gentle cleansing (instead of soap) to remove daily impurities. Exfoliating at least twice-a-week is recommended to remove dead skin cells for a radiant glow. Freshening after exfoliating helps to remove excess oils and improves the appearance of the facial pores. Moisturizing is the vital step that helps the skin keep its natural water content (one of the most significant elements in achieving a more youthful appearance). After all this is accomplished, you must protect the skin as much as possible from environmental hazards and sunscreen is essential together with a light colored foundation.

Good skin care lays the groundwork for achieving and maintaining a radiant glow, and is the basis from which to move on to exciting makeup techniques.

Get started today for a healthier skin tomorrow!

From : The Afro-American Club of Citrus County
P.O. Box641103
Hernando, FL. 34442

To : Our valued Club Member:

Computer Maintenance to help you keep your PC healthy and trouble-free.

Viruses spread within a short period of time so keep your antivirus software up to date.

Backup your files and information daily, and backup all your data on a weekly basis. This will help you recover if your drive fails.

Get the latest patches from Microsoft to secure your system. Run this from the "Start" menu.

Restart your computer every day and after a crash to clear the system.

Check anti-spyware applications.